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**Enhanced Rules for 5th-6th Grade Leagues**

**Rules for Governing Play**

• Zone and Man (Both should be played throughout the season.)

• Press Defense – Except when up by 15 points

• 4 Quarters/7 min each

• Overtime 2 min

• Stop Clock

• One 30 sec timeout per half (1 per team per half)

• Jump Ball to start game and overtime

• 10 ft goals

• Full court

• Regulation size ball (28.5 girls/29.5 boys)

• Keep records & League Standings

• End of season tournament

• 5 Fouls per player. Players do not foul out in a segment (with 2 fouls) but can foul out of the game with 5. After 7th team foul in half, go to 1 & 1 free throws

• 3 point line (if available)

• 2 Quality and uniformed officials per game

**Practice**

• Minimum of 90 minutes per week

**Playing Time**

• ¼ game minimum per player – Must play in both halves

• Must appear in both halves

**Registration**

• Register as individual.

**League Standings and Tournaments**

• League standings will be kept for tournament seeding purposes

• Minimum of 2 games per team in tournament play